



Winter Workshops

Advanced Training

These winter workouts will offer advanced training from minor league and former Division I athletes including: Corey Madden, Kyle Madden, Jason Henricks, and many more. These athletes have experienced baseball at the next level and are eager to pass on their knowledge of pitching, catching, and fielding techniques. The workshops will not only provide plenty of repetition, but also drills, workouts, and philosophies geared toward each individual position.

Facility

With an entire turf soccer field and 5 separate batting cages, The Dome provides more than enough turf to simulate realistic situations that can't be done in a gym. The turf also provides realistic fielding experiences that will allow our instructors to demonstrate various advanced fielding techniques.

Cost

\$25 per workshop will allow the participant to attend all five sessions that that particular workshop offers. Participants can register for as many of the workshops as that would like.



Workshops

- **Pitching/Catching Workshop A***
-Sessions from 4:00-5:30
Jan. 20, 27 Feb. 10, 17, 24
- **Advanced Infield Workshop**
-Sessions from 2:00-3:30
Jan. 21, 28 Feb. 11, 18, 25
- **Pitching/Catching Workshop B***
-Sessions from 3:30-5:00
Jan. 21, 28 Feb. 11, 18, 25

*Pitching/Catching Workshop A and B will teach the same things. Please sign up for which ever time is more convenient.



Registration

Simply fill out the registration form, check which workshop(s) you would like to attend and return to one of the locations listed. Space is limited so register soon to get ahead of the competition.

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